



## Attending Pre-Marriage Orientation and Counseling (PMOC)

### ABOUT THE SERVICES

The City Population and Nutrition Office (CPNO) spearheads the conduct of Pre-Marriage Orientation and Counseling (PMOC) to all would-be couples. A PMOC Certificate of Compliance is a pre-requisite in securing a marriage license.

PMOC seminars are held every Wednesday from 8:00 am to 12:00 noon conducted by accredited Pre-Marriage Counselors from City Population and Nutrition Office, City Health Office and City Social Welfare and Development Office. The PMOC Certificate of Compliance is awarded to the participants right after the activity.

<b>Department / Office:</b>		<b>CITY NUTRITION AND POPULATION OFFICE</b>		
<b>Classification:</b>		Simple		
<b>Type of Transaction:</b>		G2C - Government to Citizens		
<b>Who may avail</b>		Couples applying for marriage license		
<b>CHECKLIST OF REQUIREMENTS</b>		<b>WHERE TO SECURE</b>		
none				
<b>CLIENT STEPS</b>	<b>AGENCY ACTION</b>	<b>FEES TO BE PAID</b>	<b>PROCESSING TIME</b>	<b>PERSON RESPONSIBLE</b>
1. Registration  With your partner, proceed to the CPNO before 8:00 am and register your names in a logbook provided for the purpose.	2. Person-in-charge provides the logbook	None	5 minutes	HANNAH O. CARIDO Population Program Officer I
	3. Profiling of Couples  The person-in-charge will conduct the profiling of each couple through an interview using the Responsible Parenthood-Family Planning (RP-FP) Form 1		10 minutes	SHIRYL ANN C. MALATE Population Program Officer I  HANNAH O. CARIDO Population Program Officer I
4. Accomplishing the Marriage Expectations Inventory (MEI) & PMOC questionnaire  Couples will be given time to answer individually the MEI and PMOC questionnaire. When done, it will be collected by the person-in-charge	5. Person-in-charge provides the MEI forms, PMOC questionnaires and other IEC materials		15 minutes	SHIRYL ANN C. MALATE Population Program Officer I
5. Conduct of Seminar	6. Persons-in-charge			



Proceed to the counselling room located within the CPNO. This is where PMOC seminars are held.	conduct the PMOC seminar		3.5 hours	JOY F. MACARAIG Population Program Officer IV  SHIRYL ANN C. MALATE Population Program Officer I  HANNAH O. CARIDO Population Program Officer I
	7. Awarding of Certificates  PMOC Certificates of Compliance are given right after the seminar.			
<b>TOTAL</b>		None	4 hours	

**CITY NUTRITION AND POPULATION OFFICE**

Naga City Center for Health and Nutrition Bldg., City Hall Complex, J. Miranda Avenue, Concepcion Pequeña, Naga City

For more information, please contact:

Ray-An Cydrick G. Rentoy, Acting Department Head

Tel. Nos. (054) 205-2980 local 3250

E-mail: [cpno@naga.gov.ph](mailto:cpno@naga.gov.ph)