



Attending Pre-Marriage Orientation and Counseling (PMOC)

ABOUT THE SERVICES

The City Population and Nutrition Office (CPNO) spearheads the conduct of Pre-Marriage Orientation and Counseling (PMOC) to all would-be couples. A PMOC Certificate of Compliance is a pre-requisite in securing a marriage license.

PMOC seminars are held every Wednesday from 8:00 am to 12:00 noon conducted by accredited Pre-Marriage Counselors from City Population and Nutrition Office, City Health Office and City Social Welfare and Development Office. The PMOC Certificate of Compliance is awarded to the participants right after the activity.

Department / Office:		CITY NUTRITION AND POPULATION OFFICE		
Classification:		Simple		
Type of Transaction:		G2C - Government to Citizens		
Who may avail		Couples applying for marriage license		
CHECKLIST OF REQUIREMENTS		WHERE TO SECURE		
none				
CLIENT STEPS	AGENCY ACTION	FEES TO BE PAID	PROCESSING TIME	PERSON RESPONSIBLE
1. Registration With your partner, proceed to the CPNO before 8:00 am and register your names in a logbook provided for the purpose.	2. Person-in-charge provides the logbook	None	5 minutes	HANNAH O. CARIDO Population Program Officer I
	3. Profiling of Couples The person-in-charge will conduct the profiling of each couple through an interview using the Responsible Parenthood-Family Planning (RP-FP) Form 1		10 minutes	SHIRYL ANN C. MALATE Population Program Officer I HANNAH O. CARIDO Population Program Officer I
4. Accomplishing the Marriage Expectations Inventory (MEI) & PMOC questionnaire Couples will be given time to answer individually the MEI and PMOC questionnaire. When done, it will be collected by the person-in-charge	5. Person-in-charge provides the MEI forms, PMOC questionnaires and other IEC materials		15 minutes	SHIRYL ANN C. MALATE Population Program Officer I
5. Conduct of Seminar	6. Persons-in-charge			



Proceed to the counselling room located within the CPNO. This is where PMOC seminars are held.	conduct the PMOC seminar		3.5 hours	JOY F. MACARAIG Population Program Officer IV SHIRYL ANN C. MALATE Population Program Officer I
	7. Awarding of Certificates PMOC Certificates of Compliance are given right after the seminar.			HANNAH O. CARIDO Population Program Officer I
TOTAL		None	4 hours	

CITY NUTRITION AND POPULATION OFFICE

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