



Arranging Administration of DMPA Injections

ABOUT THE SERVICES

Depo-Medroxy Progesterone Acetate (DMPA) is a temporary and long-acting family planning method given via intra-muscular injection.

Women of Reproductive Age (WRAs) may request the CPNO to provide this service for free. DMPA must be administered every 3 months.

Department / Office:		CITY NUTRITION AND POPULATION OFFICE		
Classification:		Simple		
Type of Transaction:		G2C - Government to Citizens		
Who may avail		Women aged 15-49 years old		
CHECKLIST OF REQUIREMENTS		WHERE TO SECURE		
none				
CLIENT STEPS	AGENCY ACTION	FEES TO BE PAID	PROCESSING TIME	PERSON RESPONSIBLE
1. Request for DMPA Injection Go to the CPNO and present your DMPA card to the person-in-charge.	For new acceptors, person-in charge conducts medical and obstetrical / gynecological history taking to evaluate if DMPA injection is not contraindicated. She, then, informs the client about how DMPA works and its normal side effects.	None		
2. Validation of record and appointment date	For current users, person-in-charge validates record and appointment date (whether DMPA is supposed to be injected on a particular date) and takes your blood pressure.		5 to 10 minutes	MARISON V. BALONA Population Program Officer I
3. Administration of DMPA injection	If your blood pressure is within normal range, person-in-charge administers DMPA injection.			SHIRYL ANN C. MALATE Population Program Officer I
4. Next Appointment	Person-in-charge confirms your next appointment reflected in your DMPA client card			HANNAH O. CARIDO Population Program Officer I
5. Register in the				JOY F. MACARAIG Population Program Officer IV



Logbook Write your name in a logbook provided for the purpose.				
TOTAL		None	10 minutes	

CITY NUTRITION AND POPULATION OFFICE

Naga City Center for Health and Nutrition Bldg., City Hall Complex, J. Miranda Avenue, Concepcion Pequeña, Naga City

For more information, please contact:

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