



REPUBLIC OF THE PHILIPPINES
OFFICE OF THE CITY MAYOR
City of Naga



EXECUTIVE ORDER NO. 2019 - 008

INSTITUTIONALIZING THE "ATHLETE-FIRST AIDER" TRAINING PROGRAM, AND MANDATING THE CONDUCT OF BASIC LIFE SUPPORT TRAINING TO EVERY PLAYER, COACH AND TRAINER OF PARTICIPATING TEAMS IN SUMMER, INTER-SCHOOL, AND INTER-COLLEGIATE SPORTS ACTIVITIES SPONSORED BY THE SANGGUNILANG KABATAAN AND BY THE CITY GOVERNMENT OF NAGA, AND FOR OTHER PURPOSES:-

WHEREAS, accidents in sports activities sometimes result in people, particularly the athletes, suffering life-threatening injuries where every minute counts for their chances of survival. Victims of these accidents may suffer death if immediate first aid is not performed in the first few minutes after the accident;

WHEREAS, citing a case of PBA legend Samboy Lim, known as the "Skywalker" for his high-flying ability and acrobatic moves who collapsed and was unconscious for several minutes before reaching the hospital, where he slipped into a coma. If there is a medical support team present in the venue, who has knowledge and skills of performing cardiopulmonary resuscitation (CPR), the probability of Lim slipping into coma might have been dramatically reduced;

WHEREAS, this accident paved the way for the drafting and passage of Republic Act No. 10871, the "Basic Life Support Training in Schools Act", better known as the "Samboy Lim Law", which mandated both private and public schools to provide their students with basic life support training through the use of psychomotor training;

WHEREAS, studies showed that most of the victims of fatal accidents in sports also suffered cardiac arrest. Cardiac arrest is an electrical malfunction in the heart that causes an irregular heartbeat (arrhythmia) and disrupts the flow of blood to the brain, lungs and other organs--is a leading cause of death in the Philippines. When a person has a cardiac arrest, survival depends on immediately getting effective cardiopulmonary resuscitation (CPR) from someone knowledgeable. CPR-- especially if performed in the first few minutes of cardiac arrest-- can double or triple a person's chance of survival;

WHEREAS, athletes who may be present in the venue, are the first to witness or come across such accidents, and may also offer immediate help to injured athletes before the emergency medical services arrive;

WHEREAS, by providing the athletes, coaches and trainers with the training on basic life support and first aid skill will capacitate them to render necessary assistance while emergency help is en route;

WHEREAS, one top priority of the City Government of Naga is to make the institutions resilient, and had conducted numerous trainings and programs to the different sectors to provide knowledge, skills and capacities on emergency management and response;

WHEREAS, public safety and preparedness is the primary concern of the City Government of Naga, and in emergency situations where no medical personnel is available, performance of first aid is vital, hence the conduct of this training for athletes, coaches and trainers is not only necessary but imperative as well.

NOW, THEREFORE, I, JOHN G. BONGAT, Mayor of the City of Naga, by virtue of the powers vested in me by law, do hereby ordain the following:

SECTION 1. - *Institutionalizing the "Athlete-First Aider Program" and Mandating the Conduct of Basic Life Support Training to Every Player, Coach and Trainor of Participating Teams in the Summer Inter-School, and Inter-Collegiate Sports Activities Sponsored by the Sangguniang Kabataan and by the City Government of Naga.* - There is hereby institutionalized the **"Athlete-First Aider Training Program"** and mandating the conduct of basic life support training for every player, coach and trainor of participating teams in the summer, inter-school and inter-collegiate sports activities sponsored by the Sangguniang Kabataan and by the City Government of Naga.

SECTION 2. - *Mandatory Attendance of Every Player and Participating Teams in the Basic Life Support Training Programs.* - In order to accomplish the desired outcome of this program, all players, coaches and trainers of participating teams who will participate in the summer, inter-school and inter-collegiate sports activities sponsored by the Sangguniang Kabataan and by the City Government of Naga are hereby mandated to attend the basic life support training program.

SECTION 3. - *BLS Training as a Prerequisite for Sports' Events Participation.* - Every player who will participate in the summer sports activities shall be required to undergo at least one (1) BLS training program session to be conducted by the Naga City Community First Responders Program Management Office (NCCFRPMO) and its partner agencies as a requirement for participation in such sports activities. All successful athlete-trainees will be issued with a certificate of completion. The certificate shall be a proof of training to be submitted to the respective sports coordinators before they will be accepted as official participants in the barangay sports events.

SECTION 4. – *The Training Program and Training Providers.* –

- (a) *Training Program* – the scope of the basic life support training shall include, but not limited with, the following:
- Chain of survival
 - Role of the first aider
 - Assessment of a casualty
 - Support and rescue of a casualty
 - Shock
 - Heart attack
 - Cardiac arrest and cardiopulmonary resuscitation (CPR)
- (b) *Training Providers* – the Sangguniang Kabataan Chairperson, Schools Sports and Barangay Sports Coordinator, or the Punong Barangay shall coordinate with the NCCFRPMO for assistance in the scheduling and the actual conduct of the training in their respective barangays/schools.

The training program shall be held for one-day and no fee shall be required from the participants.

SECTION 5. – *Coverage.* – All athletes/players of the following sporting events are hereby mandated to undergo the training program:

- (a) Ball games and outdoor games;
- (b) Indoor games such as taekwondo, judo, karate and boxing;
- (c) Other sporting events that the Sports Office may deem necessary.

SECTION 6. – *Non-Compliance and Failure to Attend the Training Program.*
– Athlete or player who fails to attend the training shall not be accepted in the summer and LGU-sponsored sports activities.

For this purpose, the NCCFRPMO shall inform the SK Chairperson, Punong Barangay, School Sports Coordinator or Principal of the attendance of the athletes in the training, for inclusion in the official roster of players.


Those who have already undergone the BLS training are exempted, provided, that they can show their certificate of training.

Section 7. – *Submission of Compliance Report.* – The NCCFRPMO shall submit report to the City Mayor thru the Education, Scholarships and Sports Office (ESSO) for their information, guidance and appropriate action.

Section 8. – *Funding and Appropriations.* – To ensure the proper implementation of this program, expenses for the conduct of the trainings, including the purchase of necessary training equipment, supplies and materials may be charged to the existing funds of the Naga City Sports Office.


Section 9. – *Effectivity.* – This order shall take effect immediately.

Issued this 11th day of February 2019 in the City of Naga, Philippines.



JOHN G. BONGAT
City Mayor

Attested by:



FLORENCIO T. MONGOSO, JR., CSEE
Department Head II and City Administrator